



## Friday 29th January 2021

Dear parents, pupils, governors, staff and parishioners,

Another week completed and I just want to say WELL DONE! You are surviving a pandemic — it might not seem like that every day but you are all doing a fantastic job! We again have been so overwhelmed with the work that is being sent back into school and we know all of this is happening whilst parents are working from home at the same time.

Times are tough at the moment and our mental health is taking a battering. The dark, cold and rainy weather hasn't helped this time so we need to support each other to get through this together. With this in mind we are planning a different week to home learning for the week beginning 8<sup>th</sup> February. We are planning to have an 'Express Yourself' week where we focus on the children's well-being and capitalise on instilling our whole school 'Growth Mindset' driver. We are excited to share more information of what we have planned next week.

## EXPRESS YOURSELF



Yes, but they will more on." said the horse, "the blue sky above never leaves."

## Well Being Survey for children at home to complete

Here is a link to a survey that we would really like all the children that are working from home to fill in. It is used to gauge how children are feeling in this lockdown as we recognise it is a lot more difficult than the one experienced before the summer. Children in KS1 might need some help in reading the questions please. If this could be filled in by the 5<sup>th</sup> February it would be greatly appreciated. A link will also be posted on Teams and Class Dojo.

https://forms.office.com/Pages/ResponsePage.aspx?id=Bu\_JEcKKMEGv6eGb\_dw99LBeYaeGbKBNl57DEOQhE6NUQTc3VlF aUVhTOVZDT0dS0EZBNUhRREJ0Qy4u

## Useful Phone Numbers and information

Please find below a link to a leaflet from Warwickshire Council that has useful information on keeping well.

Some other useful numbers at this difficult time are:

If you need immediate support: Samaritans – call 116 123

For urgent medical needs call your GP, or NHS 111.

If you are in a life-threatening situation call 999. There are a number of local

support services available 24/7 during this time. These are available to anyone living in Warwickshire: Mental Health Helpline and webchat – confidential, and freely available 24/7. Anyone can access a team of trained and experienced support workers by calling 0800 616 171 or via the Time Online webchat (www.mhm.org.uk/coventry-warwickshire-helpline) If you're not able to get through first time, then please keep trying.

Mental Health Leaflet: <u>https://api.warwickshire.gov.uk/documents/WCCC-1068-1137</u> Domestic Abuse Information <u>http://www.talk2someone.org.uk/</u>

Workers of the Week

Workers of the Week	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
e	Lola	Ameera	Kimberley	Katie	Тоby	Joshua	Max

Well done to everyone that played in the league this week for Spelling Shed and Times Tables Rocks Stars!

e IL IL AD	Spelling top 5 on spelling	Winning Class: Year 2!
Alle	shed are:	Y2- Tilly
X X	1. Clara	Y3- Jessica S
A. N	2. Austin D	Y4- Austin
FTAR	3. Katie B	Y5- Poppy-Louise
1 CALLO	4. Holly C	Y6- Emilio
	5. Tamsin	



Have a lovely weekend!

Mrs. R Batson

Headteacher

